



2019 - Malaysia Action Asia 50 Janda Baik Pahang  
10KM Distance Category - Full Solo Timing

Rankings			Participant Info						Completion			CP4	Finish				
Overall	Category	Gender	Name	Gender	Category	Status	BIB	Team / Sponsor	CP	Race Time	Behind Leader	Rank	Race Time	Split	Rank	Race Time	Split
1	1	1	Mohd Zuki Wahab	M	Men 40-49	FINISHER	134		Finish	01:11:23	00:00:00	3	00:30:29	00:30:29	1	01:11:23	00:40:54
2	1	2	Reza Bin Rebutan	M	Men 16-39	FINISHER	113	TRP	Finish	01:11:33	00:00:10	2	00:28:18	00:28:18	2	01:11:33	00:43:15
3	2	3	Mark Stewart	M	Men 16-39	FINISHER	105		Finish	01:13:30	00:02:07	1	00:28:12	00:28:12	3	01:13:30	00:45:18
4	3	4	Jorg Van Gaal	M	Men 16-39	FINISHER	1279		Finish	01:14:22	00:02:59	5	00:31:25	00:31:25	4	01:14:22	00:42:57
5	4	5	Aiyahdurai Arumugam	M	Men 16-39	FINISHER	110		Finish	01:16:40	00:05:17	6	00:32:04	00:32:04	5	01:16:40	00:44:36
6	5	6	Soo Ken Wei	M	Men 16-39	FINISHER	102		Finish	01:17:26	00:06:03	7	00:32:29	00:32:29	6	01:17:26	00:44:57
7	6	7	Muhamad Zukhairi Ahmad	M	Men 16-39	FINISHER	109	M-PROLABS	Finish	01:18:03	00:06:40	13	00:34:33	00:34:33	7	01:18:03	00:43:30
8	2	8	Paul Nelson	M	Men 40-49	FINISHER	133	GIS Runners	Finish	01:18:35	00:07:12	9	00:33:43	00:33:43	8	01:18:35	00:44:52
9	3	9	Mark Solomons	M	Men 40-49	FINISHER	127	GIS Runners	Finish	01:19:20	00:07:57	8	00:32:32	00:32:32	9	01:19:20	00:46:48
10	1	1	Sue Phin Yeam	F	Women 16-39	FINISHER	186		Finish	01:19:32	00:08:09	14	00:34:34	00:34:34	10	01:19:32	00:44:58
11	7	10	Fadhul Ridhuan	M	Men 16-39	FINISHER	112		Finish	01:20:28	00:09:05	11	00:34:06	00:34:06	11	01:20:28	00:46:22
12	8	11	Anthony Musto	M	Men 16-39	FINISHER	188		Finish	01:21:09	00:09:46	10	00:34:05	00:34:05	12	01:21:09	00:47:04
13	9	12	Thomas Longo	M	Men 16-39	FINISHER	629	Longo	Finish	01:27:30	00:16:07	12	00:34:21	00:34:21	13	01:27:30	00:53:09
14	10	13	Dustin Robbins	M	Men 16-39	FINISHER	104		Finish	01:33:29	00:22:06	4	00:31:17	00:31:17	14	01:33:29	01:02:12
15	11	14	Ken Seong Tan	M	Men 16-39	FINISHER	187		Finish	01:36:53	00:25:30	19	00:35:58	00:35:58	15	01:36:53	01:00:55
16	2	2	Anita Nair	F	Women 16-39	FINISHER	626		Finish	01:38:58	00:27:35	15	00:34:58	00:34:58	16	01:38:58	01:04:00
17	3	3	Cecile Douard	F	Women 16-39	FINISHER	147		Finish	01:40:00	00:28:37	16	00:35:10	00:35:10	17	01:40:00	01:04:50
18	4	4	Kimberley Stimson	F	Women 16-39	FINISHER	189	Musto's Possey	Finish	01:41:28	00:30:05	22	00:36:58	00:36:58	18	01:41:28	01:04:30
19	5	5	Su Hua Tea	F	Women 16-39	FINISHER	190	Alam Damau Runners	Finish	01:41:31	00:30:08	18	00:35:23	00:35:23	19	01:41:31	01:06:08
20	12	15	Shaamil Azhari	M	Men 16-39	FINISHER	116		Finish	01:42:16	00:30:53	25	00:38:44	00:38:44	20	01:42:16	01:03:32
21	6	6	Athina Zulkifli	F	Women 16-39	FINISHER	142		Finish	01:42:42	00:31:19	24	00:37:21	00:37:21	21	01:42:42	01:05:21
22	4	16	Jubin Mehta	M	Men 40-49	FINISHER	621		Finish	01:43:55	00:32:32	17	00:35:11	00:35:11	22	01:43:55	01:08:44
23	13	17	Mirzan Meer	M	Men 16-39	FINISHER	185		Finish	01:44:15	00:32:52	27	00:39:08	00:39:08	23	01:44:15	01:05:07
24	7	7	Laurene Aubry	F	Women 16-39	FINISHER	146		Finish	01:44:26	00:33:03	28	00:39:27	00:39:27	24	01:44:26	01:04:59
25	8	8	Fung Pang	F	Women 16-39	FINISHER	143		Finish	01:46:35	00:35:12	21	00:36:43	00:36:43	25	01:46:35	01:09:52
26	9	9	Mikaela Koelma	F	Women 16-39	FINISHER	144		Finish	01:47:54	00:36:31	20	00:36:10	00:36:10	26	01:47:54	01:11:44
27	5	18	Fazrul Reza Yusof	M	Men 40-49	FINISHER	130		Finish	01:48:28	00:37:05	23	00:37:07	00:37:07	27	01:48:28	01:11:21
28	6	19	Lee Ching Hock	M	Men 40-49	FINISHER	124		Finish	01:50:27	00:39:04	32	00:42:03	00:42:03	28	01:50:27	01:08:24
29	1	20	Subramaniam Perumal	M	Men 50+	FINISHER	191		Finish	01:52:07	00:40:44	31	00:41:11	00:41:11	29	01:52:07	01:10:56
30	1	10	Lizzie Hudson	F	Women 40-49	FINISHER	159		Finish	01:53:04	00:41:41	26	00:38:48	00:38:48	30	01:53:04	01:14:16
31	2	21	Hock Yee Tan	M	Men 50+	FINISHER	623		Finish	01:53:08	00:41:45	35	00:42:41	00:42:41	31	01:53:08	01:10:27
32	7	22	Marc Ripert	M	Men 40-49	FINISHER	620		Finish	01:54:43	00:43:20	34	00:42:32	00:42:32	32	01:54:43	01:12:11
33	10	11	Pippa Hodges	F	Women 16-39	FINISHER	148		Finish	01:55:16	00:43:53	29	00:40:48	00:40:48	33	01:55:16	01:14:28
34	14	23	Ahmad Azamuddin Musa	M	Men 16-39	FINISHER	120		Finish	01:56:12	00:44:49	30	00:40:55	00:40:55	34	01:56:12	01:15:17
35	15	24	Thiam Yew Lee	M	Men 16-39	FINISHER	115		Finish	01:59:16	00:47:53	33	00:42:11	00:42:11	35	01:59:16	01:17:05
36	8	25	Effendi Yusof	M	Men 40-49	FINISHER	131		Finish	01:59:41	00:48:18	43	00:47:00	00:47:00	36	01:59:41	01:12:41
37	9	26	Noormi Mamat	M	Men 40-49	FINISHER	136		Finish	01:59:55	00:48:32	42	00:46:58	00:46:58	37	01:59:55	01:12:57
38	16	27	Chin Woon Yong	M	Men 16-39	FINISHER	103		Finish	02:00:13	00:48:50	38	00:43:25	00:43:25	38	02:00:13	01:16:48
39	10	28	Raymond Perin	M	Men 40-49	FINISHER	622		Finish	02:06:46	00:55:23	37	00:43:20	00:43:20	39	02:06:46	01:23:26
40	17	29	Satrio Wicaksono	M	Men 16-39	FINISHER	122		Finish	02:09:20	00:57:57	40	00:45:54	00:45:54	40	02:09:20	01:23:26
41	11	12	Noor Shaheeran Binti Hayi	F	Women 16-39	FINISHER	627		Finish	02:10:03	00:58:40	46	00:47:13	00:47:13	41	02:10:03	01:22:50
42	11	30	Seng Teck Yap	M	Men 40-49	FINISHER	177		Finish	02:11:18	00:59:55	49	00:48:30	00:48:30	42	02:11:18	01:22:48
43	18	31	Chee Horng Kok	M	Men 16-39	FINISHER	178		Finish	02:11:20	00:59:57	41	00:46:20	00:46:20	43	02:11:20	01:25:00
44	1	13	Fakhriah Abdl Majid	F	Women 50+	FINISHER	628		Finish	02:11:26	01:00:03	47	00:47:16	00:47:16	44	02:11:26	01:24:10
45	2	14	Maslawati Monged	F	Women 40-49	FINISHER	161		Finish	02:13:24	01:02:01	39	00:45:38	00:45:38	45	02:13:24	01:27:46
46	12	32	Kain Hin Ng	M	Men 40-49	FINISHER	181		Finish	02:18:32	01:07:09	59	00:53:22	00:53:22	46	02:18:32	01:25:10



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Rankings			Participant Info						Completion			CP4	Finish				
Overall	Category	Gender	Name	Gender	Category	Status	BIB	Team / Sponsor	CP	Race Time	Behind Leader	Rank	Race Time	Split	Rank	Race Time	Split
47	12	15	Jasteena Hanim Jamaluddin	F	Women 16-39	FINISHER	625		Finish	02:19:10	01:07:47	48	00:48:15	00:48:15	47	02:19:10	01:30:55
48	19	33	Yau Nien Lee	M	Men 16-39	FINISHER	117		Finish	02:19:48	01:08:25	43	00:47:00	00:47:00	48	02:19:48	01:32:48
49	13	16	Ci Xian Teoh	F	Women 16-39	FINISHER	151		Finish	02:19:51	01:08:28	45	00:47:07	00:47:07	49	02:19:51	01:32:44
50	20	34	Keng Hung Chia	M	Men 16-39	FINISHER	114		Finish	02:20:08	01:08:45	51	00:50:05	00:50:05	50	02:20:08	01:30:03
51	13	35	Rizlan Razak	M	Men 40-49	FINISHER	175	My Dearsies	Finish	02:21:44	01:10:21	50	00:49:25	00:49:25	51	02:21:44	01:32:19
52	21	36	Fariz Rezal Taib	M	Men 16-39	FINISHER	107	JABATAN PERHUTANAN NEGERI PAHANG	Finish	02:21:59	01:10:36	53	00:52:07	00:52:07	52	02:21:59	01:29:52
53	3	17	Kamariah Salleh	F	Women 40-49	FINISHER	160	JABATAN PERHUTANAN	Finish	02:22:53	01:11:30	54	00:52:10	00:52:10	53	02:22:53	01:30:43
54	4	18	Noraniza Binti Zainal	F	Women 40-49	FINISHER	167		Finish	02:24:27	01:13:04	67	00:54:45	00:54:45	54	02:24:27	01:29:42
55	5	19	Maslina Muhamad	F	Women 40-49	FINISHER	165		Finish	02:25:06	01:13:43	61	00:53:29	00:53:29	55	02:25:06	01:31:37
56	14	20	Puteri Wardatul Hanani Sabran	F	Women 16-39	FINISHER	154		Finish	02:25:09	01:13:46	55	00:53:05	00:53:05	56	02:25:09	01:32:04
57	22	37	Ruhaizad Baharuddin	M	Men 16-39	FINISHER	119		Finish	02:25:12	01:13:49	56	00:53:10	00:53:10	57	02:25:12	01:32:02
58	3	38	Mohamad Umbaidah	M	Men 50+	FINISHER	140		Finish	02:25:29	01:14:06	36	00:43:07	00:43:07	58	02:25:29	01:42:22
59	14	39	Hazimin Ithnin	M	Men 40-49	FINISHER	132		Finish	02:25:32	01:14:09	62	00:53:32	00:53:32	59	02:25:32	01:32:00
60	23	40	Alang Adzlan Alang Idris	M	Men 16-39	FINISHER	106		Finish	02:26:28	01:15:05	52	00:51:49	00:51:49	60	02:26:28	01:34:39
61	6	21	Rafiza Romlee	F	Women 40-49	FINISHER	170		Finish	02:27:00	01:15:37	65	00:53:41	00:53:41	61	02:27:00	01:33:19
62	24	41	Abdullah Abd Rahman	M	Men 16-39	FINISHER	1278		Finish	02:28:31	01:17:08	68	00:54:53	00:54:53	62	02:28:31	01:33:38
63	15	42	Aloysies Nathan	M	Men 40-49	FINISHER	123		Finish	02:29:35	01:18:12	69	00:55:26	00:55:26	63	02:29:35	01:34:09
64	25	43	Mohd Shahreen Jamaludin	M	Men 16-39	FINISHER	121		Finish	02:31:27	01:20:04	70	00:57:24	00:57:24	64	02:31:27	01:34:03
65	16	44	Ainuddin Abdul Majid	M	Men 40-49	FINISHER	126	HAPPY CYCLING CLUB MELAKA	Finish	02:31:45	01:20:22	59	00:53:22	00:53:22	65	02:31:45	01:38:23
66	4	45	Cheo Kim Swee	M	Men 50+	FINISHER	139		Finish	02:32:37	01:21:14	66	00:54:36	00:54:36	66	02:32:37	01:38:01
67	7	22	Jolynn I Huwi Koh	F	Women 40-49	FINISHER	157		Finish	02:35:43	01:24:20	80	01:03:07	01:03:07	67	02:35:43	01:32:36
68	8	23	Mardiana Muhammad Shah	F	Women 40-49	FINISHER	168		Finish	02:36:45	01:25:22	57	00:53:17	00:53:17	68	02:36:45	01:43:28
69	9	24	Maszuita Muhammad Shah	F	Women 40-49	FINISHER	169		Finish	02:36:48	01:25:25	58	00:53:19	00:53:19	69	02:36:48	01:43:29
70	15	25	Wan Yazcini Marilina Wan Yahya	F	Women 16-39	FINISHER	632		Finish	02:38:25	01:27:02	75	01:00:51	01:00:51	70	02:38:25	01:37:34
71	26	46	Mohd Azhar Mohd Sari	M	Men 16-39	FINISHER	631		Finish	02:38:27	01:27:04	76	01:00:58	01:00:58	71	02:38:27	01:37:29
72	10	26	Siti Noorbaya Md Yusof	F	Women 40-49	FINISHER	183		Finish	02:39:54	01:28:31	71	00:57:26	00:57:26	72	02:39:54	01:42:28
73	27	47	Muhammad Amirul Ashraf A Ghani	M	Men 16-39	FINISHER	1277		Finish	02:40:29	01:29:06	72	00:59:21	00:59:21	73	02:40:29	01:41:08
74	2	27	Sharon Chan	F	Women 50+	FINISHER	173		Finish	02:45:59	01:34:36	63	00:53:33	00:53:33	74	02:45:59	01:52:26
75	3	28	Ck Leong	F	Women 50+	FINISHER	174	Ck Leong	Finish	02:46:02	01:34:39	64	00:53:36	00:53:36	75	02:46:02	01:52:26
76	16	29	Zee Joo Yeo	F	Women 16-39	FINISHER	153		Finish	02:46:14	01:34:51	77	01:02:44	01:02:44	76	02:46:14	01:43:30
77	4	30	Kong Yet Wah	F	Women 50+	FINISHER	172		Finish	02:48:22	01:36:59	73	00:59:48	00:59:48	77	02:48:22	01:48:34
78	17	48	Ming Yew Ow	M	Men 40-49	FINISHER	633		Finish	02:51:04	01:39:41	74	01:00:08	01:00:08	78	02:51:04	01:50:56
79	11	31	Jayagandi Jayaraj	F	Women 40-49	FINISHER	156		Finish	02:51:13	01:39:50	87	01:05:48	01:05:48	79	02:51:13	01:45:25
80	28	49	Mark Navene Francis	M	Men 16-39	FINISHER	630	The Spark Plug	Finish	02:51:58	01:40:35	83	01:04:17	01:04:17	80	02:51:58	01:47:41
81	18	50	Nadarajah Sivalingam	M	Men 40-49	FINISHER	137	Xcalibur Digital	Finish	02:52:03	01:40:40	79	01:03:00	01:03:00	81	02:52:03	01:49:03
82	12	32	Wan Zamaniah Wan Ishak	F	Women 40-49	FINISHER	164		Finish	02:52:14	01:40:51	78	01:02:51	01:02:51	82	02:52:14	01:49:23
83	5	51	Nasaruddin Lihem	M	Men 50+	FINISHER	141		Finish	02:53:34	01:42:11	82	01:03:38	01:03:38	83	02:53:34	01:49:56
84	13	33	Saripah Ibrahim	F	Women 40-49	FINISHER	163		Finish	02:53:37	01:42:14	84	01:05:30	01:05:30	84	02:53:37	01:48:07
85	19	52	Gerald Danaraj	M	Men 40-49	FINISHER	125		Finish	02:54:08	01:42:45	81	01:03:16	01:03:16	85	02:54:08	01:50:52
86	20	53	Soon Bun Yap	M	Men 40-49	FINISHER	179		Finish	02:55:34	01:44:11	88	01:06:06	01:06:06	86	02:55:34	01:49:28
87	29	54	Bryan Gan	M	Men 16-39	FINISHER	176		Finish	02:55:48	01:44:25	88	01:06:06	01:06:06	87	02:55:48	01:49:42
88	21	55	Shie Yong Tan	M	Men 40-49	FINISHER	182		Finish	02:57:11	01:45:48	91	01:06:38	01:06:38	88	02:57:11	01:50:33
89	6	56	Eng Joo Gan	M	Men 50+	FINISHER	180		Finish	02:57:29	01:46:06	90	01:06:34	01:06:34	89	02:57:29	01:50:55
90	17	34	Karen Hsi Hsi Kok	F	Women 16-39	FINISHER	193		Finish	03:00:20	01:48:57	86	01:05:38	01:05:38	90	03:00:20	01:54:42
91	7	57	Selva Rajoo Vellusamy	M	Men 50+	FINISHER	184		Finish	03:05:17	01:53:54	85	01:05:36	01:05:36	91	03:05:17	01:59:41
92	8	58	Mohd Taufiq Ahmad	M	Men 50+	FINISHER	138		Finish	03:08:38	01:57:15	95	01:11:10	01:11:10	92	03:08:38	01:57:28



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Rankings			Participant Info						Completion			CP4	Finish				
Overall	Category	Gender	Name	Gender	Category	Status	BIB	Team / Sponsor	CP	Race Time	Behind Leader	Rank	Race Time	Split	Rank	Race Time	Split
93	30	59	Zulkafly Ramly	M	Men 16-39	FINISHER	101		Finish	03:10:48	01:59:25	94	<b>01:11:08</b>	01:11:08	93	<b>03:10:48</b>	01:59:40
94	18	35	Siti Murnirah Ismail	F	Women 16-39	FINISHER	635		Finish	03:14:24	02:03:01	92	<b>01:10:07</b>	01:10:07	94	<b>03:14:24</b>	02:04:17
95	31	60	Muhammad Tarmizi Abu Bakar	M	Men 16-39	FINISHER	634		Finish	03:14:27	02:03:04	93	<b>01:10:11</b>	01:10:11	95	<b>03:14:27</b>	02:04:16
96	14	36	Suhaila Rasid	F	Women 40-49	FINISHER	166		Finish	03:18:42	02:07:19	97	<b>01:12:39</b>	01:12:39	96	<b>03:18:42</b>	02:06:03
97	19	37	Diana Demiyah Mohd Hamdan	F	Women 16-39	FINISHER	624		Finish	03:20:14	02:08:51	96	<b>01:11:42</b>	01:11:42	97	<b>03:20:14</b>	02:08:32
98	15	38	Seema Viswanathan	F	Women 40-49	FINISHER	155		Finish	03:24:28	02:13:05	99	<b>01:20:22</b>	01:20:22	98	<b>03:24:28</b>	02:04:06
99	16	39	Norul Mah Akhmar Yusof	F	Women 40-49	FINISHER	162		Finish	03:32:46	02:21:23	98	<b>01:15:58</b>	01:15:58	99	<b>03:32:46</b>	02:16:48
100	32	61	Yugan Subramaniam	M	Men 16-39	FINISHER	1276		Finish	03:38:50	02:27:27	100	<b>01:23:16</b>	01:23:16	100	<b>03:38:50</b>	02:15:34
101	33	62	Arunn Selva Rajoo	M	Men 16-39	FINISHER	192		Finish	03:39:10	02:27:47	101	<b>01:23:19</b>	01:23:19	101	<b>03:39:10</b>	02:15:51
			Mohd Azizi Fazlin Shah	M	Men 16-39	DNS	108		Start	00:00:00	00:00:00						
			Peng Wai, Nelson Wong	M	Men 16-39	DNS	111		Start	00:00:00	00:00:00						
			Cheat Fu Leong	M	Men 16-39	DNS	118		Start	00:00:00	00:00:00						
			Mohameed Jalaluddin Idris	M	Men 40-49	DNS	128		Start	00:00:00	00:00:00						
			Wei Hsin Lim	M	Men 40-49	DNS	129	TONA	Start	00:00:00	00:00:00						
			Asmawi Abu Aman	M	Men 40-49	DNS	135	STR	Start	00:00:00	00:00:00						
			Cheryl De Souza	F	Women 16-39	DNS	145		Start	00:00:00	00:00:00						
			Renn Syin Chan	F	Women 16-39	DNS	149		Start	00:00:00	00:00:00						
			Roxane Dugueperoux	F	Women 16-39	DNS	150		Start	00:00:00	00:00:00						
			Alia Zecha	F	Women 16-39	DNS	152		Start	00:00:00	00:00:00						
			Bernardin Marie Manen	F	Women 40-49	DNS	158		Start	00:00:00	00:00:00						
			Julie Lee	F	Women 40-49	DNS	171		Start	00:00:00	00:00:00						